

# What's On Guide

Groups for young people aged 11-25 years



All our Groups and Activities are Free of Charge

For groups marked \* contact us to reserve your place

	AM	PM
MON		<p><b>*Young Carers Youth Group</b> 3.30 – 5.00pm</p> <p><b>The Well Youth Club Normanton</b> 5.30 – 6.45pm</p> <p><b>*SEND Youth Club (Crofton)</b> 6.00 – 8.00pm</p>
TUE	<p><b>SEND Drop-in</b> 9.00am – 3.00pm 16+ SEND TEAM</p> <p><b>Employment Hub Drop-in</b> 10.00am - 3.00pm</p>	<p><b>Family Activity (Welcome Spaces)</b> 2.00 - 4.00pm</p> <p><b>WF Connect Café</b> 2.30 – 5.00pm</p> <p><b>Wakefield Trinity Open Access Youth Club</b> 4.00 – 6.00pm</p> <p><b>Wakefield Trinity Sports Session (South-East)</b> 4.00 – 6.00pm</p> <p><b>Youth Voice Session</b> 5.00 – 6.00pm</p> <p><b>*SEND Youth Club (Crofton)</b> 6.00 – 8.00pm</p>
WED	<p><b>NEET Outreach Visits</b> 9.00am - 12.00noon</p>	<p><b>Employability Drop-in Sessions Normanton</b> 1.00 – 4.00pm</p> <p><b>Detached / Street Based Youth Work (Normanton &amp; Featherstone Areas)</b> 5.00 – 8.00pm</p> <p><b>Featherstone Rovers Youth Club</b> 4.30 - 7.30pm</p> <p><b>The Well Youth Club Normanton</b> 5.15 – 7.45pm</p>

# What's On Guide

Groups for young people aged 11-25 years



THU	<p><b>*BEAM</b> All day (School based, moving to new school when completed.)</p>	<p><b>WF Connect Café</b> 2.30 – 5.00pm</p> <p><b>Detached / Street Based Youth Work (South-East Area)</b> 5.00 – 8.00pm</p> <p><b>The Well Youth Club Normanton</b> 5.30 - 6.45pm (Ages 6-11) 7.00 - 8.45pm (Ages 12+)</p> <p><b>*BEAM</b> All day (School based, moving to new school when completed.)</p> <p><b>*Girls Group/Boy Group</b> (3:30 – 5:00pm)</p>
FRI		<p><b>Featherstone Rovers Youth Club</b> 4.30 - 7.30pm</p>
All Week / Varies	<p><b>*Branching Out / Happy Healthy Holidays</b> District Wide/Referral Based</p> <p><b>*Squaring Up (ABC)</b> Contact Youth Hub for more information</p> <p><b>*EBSA</b></p> <p><b>C-Card Sexual Health Advice</b> 13 Years+</p> <p><b>*Engagement Support</b> 11-25 Years</p> <p><b>*One-to-One Interventions</b> 11-25 Years</p> <p><b>Preparing For Adulthood SEND Drop-in</b> 9.00am - 3.00pm (every 3 months)</p>	

# What's On Guide

Groups for young people aged 11-25 years



Session Information		
Session Name	Age range/ Audience	Description
<b>*Young Carers Youth Group</b>	11+ Years	Young Carers are individuals that have caring responsibilities for a family member. The sessions offer support, activities, and a chance for individuals alike to get together, relax and have some fun. Please call us on 01977 727018 for more information.
<b>Wakefield Trinity Open Access Youth Club</b>	11-16 Years	A group providing the opportunity to come along to speak to Youth Workers for guidance and support as well as getting involved in informal educational activities. Young people will have the opportunity to learn new skills, gain confidence and self-esteem, meet new people, socialise, and have a safe space to reduce the risks around getting involved in ASB or criminal behaviour. The groups offer a variety of different activities such as: cooking, games, team building activities, social skills, sports and much more. This group is run by Wakefield Trinity Rugby Club. Just come along – no booking required.
<b>Connect Café</b>	11-18 Years	Use our devices and access the internet for free. Come and do homework, revision, link to services across the district, applications and form filling as well as job and housing searches etc. Just come into the centre to use!
<b>Detached / Street Based Youth Work</b>	11-18 Years	Street based Youth Workers provide advice and activities for the young people they meet out on the streets. Look out for them in your area, working in parks, public and open spaces. The Youth Workers seek to build relationships with young people, ensure they know what is available for them in and around their community and help keep them safe.
<b>Open Access Youth Provision/ Youth Clubs</b>	11+ Years	Open Access youth clubs are delivered by both the Early Intervention and Prevention Service and Voluntary Community Sector Partners, providing a safe space for young people to meet and socialise with peers. The sessions are staffed by qualified/experienced youth workers who deliver informal education, positive activities, whilst at the same time working with young people where they are at, supporting them around their needs and personal development.
<b>*Send Youth Clubs</b>	11+ Years	The SEND Youth Clubs provide a safe space for young people to meet and socialise with peers. The sessions are staffed by qualified/experienced youth workers who deliver informal education, provide activities whilst at the same time working with young people where they are at, supporting them around their needs and personal development.
<b>*BEAM</b>	11-13 Years 14-16 Years	Behaviour, Exercise & Anger Management. A programme to recognise anger cues and triggers, working towards gaining control using exercise, breathing and other strategies. Delivered in schools and is a 6-week rolling programme, offered to young people within the school setting. This is also delivered from Platform 1 Youth Hub, offered to young people across Normanton, Featherstone and the South-East.

# What's On Guide

Groups for young people aged 11-25 years



<b>*All About Me</b>	11+ Years	A 6-week programme delivered to young women in school and covers sessions around mental health, self-esteem and confidence building, healthy relationships, drugs and alcohol misuse, aspirations, challenging and offending behaviours, peer pressure.
<b>*Squaring Up to Violence Against Women &amp; Girls</b>	11+ Years	Work with young males on a 1:1 or groupwork basis to challenge and empower them to: Analyse their attitudes towards women. Break the cycle of behaviours they are displaying. Create a confidence in them to challenge behaviours that are harmful towards women and girls.
<b>*EBSA Sessions</b>	11+ Years	Emotional Based School Avoidance Sessions. Also known as school refusal. Can be used to describe children and young people who do not attend school due to emotional factors. The absence can often lead to long periods of time away from school. EBSA is different from absence for physical illness and truancy. Most young people experiencing EBSA can be highly anxious and show significant distress about attending school. In many instances, they remain engaged with education and want to return to school even though they feel unable to do so. Often, the young person's anxiety will reduce during the weekends or school holidays.
<b>C-Card Sexual Health</b>	13+ Years	Drop-in and speak to one of our members of staff for sexual health advice and a 'C-Card'.
<b>*Branching Out / Happy Healthy Holidays</b>	11+ Years	A week of activities during school holidays to support young people to step out of their comfort zone, meet new people and have fun along the way.
<b>Preparing For Adulthood SEND Drop-in</b>	16+ Years	Open to parents/carers and young people requiring advice and guidance regarding Preparation for Adulthood and support in the following pathways: Health, employment, relationships and community inclusion, independent living.
<b>Family Activity (Welcome Space)</b>	Open to All	We offer free Wi-Fi, access to computers. We have a pool table, table football and hot drinks and light snacks. Access to information, advice and guidance through our team of professionals including employment support.
<b>*Girls Group / Boys Group</b>	11-16 Years	Girls group will be running for 6 weeks, having a 2 week break before beginning boys group for a 6 week period. To provide support for young people to increase their self-esteem and confidence. Give young people access new and positive role models. To Provide young people with skills and knowledge to increase their confidence and self-esteem young people to support inside and outside school.

**To book any of these sessions and groups please phone the Hub on the number below or the number stated in the description. New group users will be required to complete a registration form to access our groups.**