

Make your own identity jar



You will need:

1. A glass jar with a lid
2. Salt
3. 5 coloured chalks
4. 5 sheets of A4 Paper
5. A pen
6. 5 coloured felt tip pens

How to make your salt jar:

1. Fill you jar to the brim with salt.



2.



On one piece of paper write down five things that make you who you are... what makes you unique, i.e personality, race, ethnicity. Things you like or enjoy doing.

3. Choose a different colour to represent each of your likes, qualities and traits. Put a dot next to each one.



4. Spread out the five sheets of paper and divide the salt from the jar between them.



5. To colour the salt take a chalk and rub it backwards and forwards in the salt. The salt will begin to take the colour of the chalk.



6. Carefully pick up a piece of paper and pour the coloured salt into the jar one at a time. You can put as much of each colour you want. Do this with each colour until you fill the jar.



7. When all the colours have been added hold the jar and tap it gently on a work surface. DO NOT shake the jar unless you want all the colours mixed up. Fill in any remaining space with plain salt right to the top. This will prevent the colours mixing.



Draw a picture of your identity jar and write down what each colour represents.

KEY	
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____

This identity jar belongs to.....