

What's On Guide

Groups for young people aged 11-25 years



All our Groups and Activities are Free of Charge		*Programmes by Invitation Only Programmes for Everyone
	AM	PM
MON	<p>*BEAM 9:00am to 10:am School based, moving to new school when completed.</p>	<p>*Young Carers Youth Group 3:30pm to 5:00pm</p>
TUE	<p>Employment Hub Drop-in 10:00am to 3:00pm</p>	<p>WF Connect Café 2:30pm to 5:00pm</p> <p>Wakefield Trinity Open Access Youth Club 4:00pm to 6:00pm</p> <p>Wakefield Trinity Sports Session (South-East) 4:00pm to 6:00pm</p> <p>Youth voice Session 5:00pm to 6:00pm</p> <p>*STRIPES+ Learning Space Online Zoom Session 6:00pm to 8:00pm</p> <p>*SEND Youth Club (Crofton) 6:00pm to 8:00pm</p>
WED	<p>NEET Outreach Visits 9:00am to 12:00pm</p>	<p>Employability Drop-in Sessions Normanton 1:00pm to 3:00pm</p> <p>*BEAM 3:00pm to 5:00pm (Subject to change)</p> <p>Detached / Street Based Youth Work (Normanton & Featherstone Areas) 5:00pm to 8:00pm</p> <p>Wakefield Trinity Sports Session (South-East) 5:00pm to 6:30pm</p> <p>The Well Youth Club Normanton 5:15pm to 7:45pm</p> <p>Featherstone Rovers Youth Club 4:30pm to 7:30pm</p>

THU	<p>Employment Hub Drop-in 10:00am to 3:00pm</p> <p>*All About Me-Girls Group School based, moving to new school when completed. 9:00am to 11:00am</p>	<p>*BEAM Crofton Academy 1:00pm to 2:00pm</p> <p>WF Connect Café 2:30pm to 5:00pm</p> <p>Detached / Street Based Youth Work (South East Area) 5:00pm to 8:00pm</p> <p>The Well Youth Club Normanton 5:30pm to 6:45pm (Age 6-11) 7:00pm to 8:45pm (Age 12+)</p> <p>*STRIPES Learning Space Online Zoom Sessions District Wide 6:00pm to 8:00pm</p> <p>Snacks & Bytes (Welcome Spaces) 2:30pm to 5:00pm</p>
FRI		<p>Featherstone Rovers Youth Club 4:30pm to 7:30pm</p>
All Week / Varies	<p>Stripes+ Support (online) Once a Month 6:00pm to 7:30pm</p> <p>*Branching Out 30th October to 3rd November District Wide/Referral Based</p> <p>*Squaring Up (ABC) Contact Youth Hub for more information</p> <p>*EBSA 1-1 Sessions</p> <p>C-Card Sexual Health Advice 13 Years+</p> <p>*Engagement Support 11-25 Years</p> <p>*One-to-One Interventions 11-25 Years</p> <p>Preparing For Adulthood SEND Drop-in 9:00am to 3:00pm (Every three months)</p>	

Session Information

Session Name	Age range/ Audience	Description
*Young Carers Youth Group	11+ Years	Young Carers are individuals that have caring responsibilities for a family member. The sessions offer support, activities, and a chance for individuals alike to get together, relax and have some fun. Please call us on 01977 727018 for more information.
Wakefield Trinity Open Access Youth Club	11-16 Years	A group providing the opportunity to come along to speak to Youth Workers for guidance and support as well as getting involved in informal educational activities. Young people will have the opportunity to learn new skills, gain confidence and self-esteem, meet new people, socialise, and have a safe space to reduce the risks around getting involved in ASB or criminal behaviour. The groups offer a variety of different activities such as: - cooking, games, team building activities, social skills, sports and much more. This group is run by Wakefield Trinity Rugby Club. Just come along – no booking required.
*STRIPES+ Learning Space Online Zoom Session	13-19 Years	Stripes+ is a LGBTQIA+ group. The group meets in a safe, inclusive environment supported by Youth Workers. One to one support is available, and we provide advice, guidance and learning. We have fun playing games/activities but also have educational discussion around LGBTQIA+ subjects. This gives young people the opportunity to talk about their feelings and experiences of being within the LGBTQIA+ community and gives them the chance to make friendships within the group. Please call us on 01977 727018 for more information.
WF Connect Café	11-18 Years	Use our devices and access the internet for free. Come and do homework, revision, link to services across the district, applications and form filling as well as job and housing searches etc. Just come into the centre to use!
Detached / Street Based Youth Work	11-18 Years	Street based Youth Workers provide advice and activities for the young people they meet out on the streets. Look out for them in your area, working in parks, public and open spaces. The Youth Workers seek to build relationships with young people, ensure they know what is available for them in and around their community and help keep them safe.
Open Access Youth Provision/ Youth Club	11+ Years	Open Access youth clubs are delivered by both the Early Intervention and Prevention Service and Voluntary Community Sector Partners, providing a safe space for young people to meet and socialise with peers. The sessions are staffed by qualified/experienced youth workers who deliver informal education, positive activities, whilst at the same time working with young people where they are at, supporting them around their needs and personal development.
*SEND Youth Clubs	11+ Years	The SEND Youth Clubs provide a safe space for young people to meet and socialise with peers. The sessions are staffed by qualified/experienced youth workers who deliver informal education, provide activities whilst at the same time working with young people where they are at, supporting them around their needs and personal development.
*BEAM	11 – 13 Years 14 – 16 Years	Behaviour, Exercise & Anger Management. A programme to recognise anger cues and triggers, working towards gaining control using exercise, breathing and other strategies. Delivered in schools and is a 6-week rolling programme, offered to young people within the school setting.

		This is also delivered from Platform 1 Youth Hub, offered to young people across Normanton, Featherstone and the South-East.
*All About Me	11+ Years	A 6-week programme delivered to young women in school and covers sessions around mental health, self-esteem and confidence building, healthy relationships, drugs and alcohol misuse, aspirations, challenging and offending behaviours, peer pressure.
*Squaring Up to Violence Against Women & Girls	11+ Years	Work with young males on a 1:1 or groupwork basis to challenge and empower them to: Analyse their attitudes towards women. Break the cycle of behaviours they are displaying. Create a confidence in them to challenge behaviours that are harmful towards women and girls.
*EBSA Sessions	11+ Years	Emotional Based School Avoidance Sessions. Also known as school refusal. Can be used to describe children and young people who do not attend school due to emotional factors. The absence can often lead to long periods of time away from school. EBSA is different from absence for physical illness and truancy. Most young people experiencing EBSA can be highly anxious and show significant distress about attending school. In many instances, they remain engaged with education and want to return to school even though they feel unable to do so. Often, the young person's anxiety will reduce during the weekends or school holidays.
C-Card Sexual Health	13+ Years	Drop-in and speak to one of our members of staff for sexual health advice and a 'C-Card'.
*Branching Out	11+ Years	A week of activities during school holidays to support young people to step out of their comfort zone, meet new people and have fun along the way.
Preparing For Adulthood SEND Drop-in	16+ Years	Open to parents/carers and young people requiring advice and guidance regarding Preparation for Adulthood and support in the following pathways: Health, employment, relationships and community inclusion, independent living.
Snacks & Bytes (Welcome Space)	Open to all	We offer free Wi-Fi, access to computers. We have a pool table, table football and hot drinks and light snacks. Access to information, advice and guidance through our team of professionals including employment support.
Stripes+ Support	Parents/Carers/ Professionals	To provide a safe online space for adults with LGBTQIA+ young people, where they can get appropriate information, advice and guidance, at the same time as meeting other adults of young LGBTQIA+ people. "Creating a community of adults that care to be allies". Speak to the Hub for more information.

To book any of these sessions and groups please phone the Hub on the number below or the number stated in the description.

New group users will be required to complete a registration form to access our groups.